How to use a Babyhaler

(1+years)

- 1. Remove the cap from the inhaler
- 2. Shake inhaler and insert into the inhaler holder of Babyhaler
- 3. Place the facemask gently over the baby's mouth and nose, ensuring there is a good seal between the mask and face
- 4. Press the inhaler canister once to release a dose of the drug
- 5. Keep Babyhaler facemask over the mouth and nose until the baby has inhaled at least 5-10 breaths (blue valve will move slightly with each breath).
- 6. Remove the facemask from the baby's face

Demonstrate your inhaler technique to your GP, nurse, pharmacist or clinical specialist at every opportunity



