

Patient information from BMJ

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ADHD: questions to ask your doctor

If your child has been diagnosed with attention deficit hyperactivity disorder (ADHD) you may want to talk to your doctor to find out more about the condition.

Here are some questions that you might want to ask.

- How do you know my child has ADHD?
- Could my child's symptoms be caused by something else?
- How will ADHD affect my child as he or she grows up?
- What are the best treatments for my child?
- Do these treatments have side effects?
- How long will my child need to have treatment?
- What will happen if my child has no treatment?
- Is there anything I can do to help my child stay focused?
- Is there anything I can do to improve my child's behaviour?
- Can changing my child's diet help?
- Should my child have any special help at school? What kind of help is available?
- Should my child see a specialist?
- If we need to see a specialist, is there a long waiting list?
- Do you have any handouts on ADHD that I can take home?
- Is there anything else I can do to help my child?

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