

Patient information from BMJ

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Eczema: questions to ask your doctor

If you or your child has been diagnosed with eczema you may want to talk to your doctor to find out more.

Here are some questions that you might want to ask.

- Why do I have eczema?
- Is eczema the same thing as dermatitis?
- Does it need to be treated?
- If so, what is the best treatment?
- Does the treatment have side effects?
- How long will the treatment last?
- Will my symptoms come back if I stop the treatment?
- Has something in particular caused this eczema?
- Will the eczema go away or will I always have it?
- What should I do if the symptoms come back?
- Are there any special risks I need to be aware of?
- Are there things I can do at home to try to relieve the eczema?
- Are there things I shouldn't do? For example, is it all right to go swimming?

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